

## 13th Annual Spring Conference

# The Mind-Body Connection in the World of the Young Child:

## *From Development to Intervention*

**Featuring Keynote Speaker:**  
**Suzi Tortora, EdD, ADTR, CMA**

*May 15, 2009*  
*Kimmel Center, NYU*  
*New York City*

### **ABOUT THE CONFERENCE**

Development and experience are rooted in the body, shaping how we feel, think, move, and communicate. In this conference, we will explore how these phenomena occur and the implications of these mind-body connections for both young children and their caregivers. The keynote presentation will introduce an integrative approach for infant development and health. Conference attendees will be able to select from a rich array of breakout sessions in which presenters will help lead the way to further understanding of mind-body connections across developmental areas for infants and caregivers alike. The wide variety of topics will include: touch, movement, play, preverbal language development, feeding, sleep, maternal depression, abuse and neglect, and peer interactions. Ways of applying this knowledge to work with young children and families will be highlighted in discussion of approaches such as dance movement psychotherapy, nonverbal parent-infant video analysis, yoga, Feldenkrais body work, infant massage, childbirth, and classroom observations and interventions. This conference will provide a rich experience for practitioners at all levels of experience and across many different fields of work with young children and their families.

**For more info, a brochure and registration form, please contact us at 718.638.7788 or log onto our website at [www.nyzerotothree.org](http://www.nyzerotothree.org)**



### **BREAKOUT SESSIONS WILL INCLUDE**

- “Intentionality and Social Meaning: What Makes Acquiring Language Possible (or Difficult)?”
- “The Significance of Touch in Infant Development”
- “Baby Om: Nurturing the Bond Through Yoga”
  - “Baby’s First Massage”
- “The Feldenkrais Method in Working with Infants: Applying the Understandings of Human Motor Development”
- “Trauma, Stress & Postpartum Depression: The Role of Implicit Knowing and its Effects of the Parent-Infant Attachment Relationship”
- “Brain Plasticity, Experience / Development of Motivation and Skills for Eating”
- “The Musical Worlds of Infants”
- “Biomedical Approaches to Autism”
- “Integrating Yoga into the Classroom”
- “Mind-Body Experiences of Play: Strategies for Supporting Emergent Development”
- “Movement, An Instrument of Cognition and the Translator of Emotion”
  - “Sleep: The First Developmental Task in Establishing the Parental Hierarchy”
- “Policies and Practices that Promote the Physical and Emotional Health of Infants and Toddlers in Foster Care”
- “Minds and Bodies in Motion: Infants Communicative Relationships with Peers and Caregivers”
- “Maternal/Infant Bonding: The Role of a Doula in Creating a Positive Childbirth and Postpartum Period”